

KATHMANDU, NEPAL

Nepal

Professional Exchange Program

Learn alongside Nepali teachers, share practice and lead professional learning.

Spend five mornings, from 8 am to noon, in a local school in Kathmandu alongside a partner teacher – through observation, modelling, team-teaching, lesson planning and feedback.

> The program includes a **full-day professional development workshop**, collaboratively designed and presented by the participant group for local teachers.

10 days	5 mornings	1 full day	50 hours
PROGRAM DURATION	SCHOOL PLACEMENT	PD WORKSHOP	STRUCTURED PD

LEARNING WITH OTHER EDUCATORS

Professional exchange in practice

An active learning experience built around partnership, practice and reflection.

01

Observe and understand

Join a partner teacher in a local school in Kathmandu. Observe classroom approaches and consider how teachers respond to their students, resources and learning environment.

02

Model, team-teach and plan

Work with your partner teacher through modelling, team-teaching and collaborative lesson planning, sharing feedback and considering how approaches translate between educational contexts.

03

Design and present a full-day workshop

As a team, collaboratively design and present a full day of professional development for local teachers, drawing on the group's combined experience and the needs of the local school community.

04

Reflect and bring learning home

Evaluate approaches you encounter and consider their relevance to your own setting. Structured reflection and action planning help you identify practical next steps for your teaching.

WHO IT SUITS

Is this the right program for you?

Nepal suits practising teachers seeking active involvement in a school setting, professional collaboration and opportunities to examine their own practice.

Openness, flexibility and a willingness to learn with others are central. Working in a different educational and cultural context invites thoughtful communication and adaptation.



NEPAL / PROFESSIONAL EXCHANGE PROGRAM

Professional development hours and APST

50 HOURS OF STRUCTURED PROFESSIONAL DEVELOPMENT

Preparation, a five-morning school exchange with professional debriefs, a full-day workshop for local teachers and final reflection – each counted once.

COMPONENT	HOURS	LEARNING COVERED	RELEVANT APST
Live online pre-departure meetings	2	Guided preparation, professional discussion and identifying learning goals through live online meetings.	1.3 6.2 6.3
Individual preparation and professional orientation	5	Individual handbook reading and structured reflection questions, plus preparation for the local educational context and school collaboration.	1.3 6.2 7.4
School-based professional exchange and professional debriefs	30	Five mornings alongside a partner teacher – observation, modelling, team-teaching, lesson planning and exploring classroom routines and organisation – with structured professional debriefs.	1.3 3.3 3.5 4.1 4.2 6.3 7.4
Collaborative workshop preparation	4	Collaboratively designing the group's full-day professional development workshop for local teachers.	3.3 6.3 7.4
PD workshop delivery and engagement	6	Presenting the group's full-day workshop for local teachers, sharing practical strategies and engaging in professional dialogue.	3.3 6.3 7.4
Final reflection and action planning	3	Consolidating learning, evaluating its relevance to participants' own teaching contexts and planning practical next steps that respond to their students' learning needs.	6.2 6.4
TOTAL	50	**Structured professional development**	

APST: Australian Professional Standards for Teachers. References show the learning alignment of each component; they do not indicate accreditation or assessed attainment of a descriptor.

The 30-hour school-based component combines school contact time across the five placement mornings with structured professional debriefs.

Workshop preparation and delivery are counted separately, and final reflection is distinct from the debriefs. Workshop delivery counts six learning hours, excluding breaks.

Travel, meal breaks, sightseeing, leisure and recreational activities, including the Pokhara and Chitwan excursions are excluded. Participants receive a Global Teacher certificate of completion.

> **Discussing participation with your school?** This page summarises the structured professional learning and its APST alignment for your principal or professional learning coordinator. Further detail is available in the Professional Development Outline and APST Summary.



YOUR PROGRAM JOURNEY

Learning that travels home

1

PREPARE

Before the program

Join live online pre-departure meetings and complete individual preparation, including handbook reading and reflection questions, to consider your professional learning goals.

2

PARTICIPATE

During the exchange

Spend five mornings in a local school alongside a partner teacher, with structured professional debriefs. As a team, design and present a **full-day professional development workshop** for local teachers, supported by Global Teacher.

3

APPLY

Apply your learning

Consolidate your reflections into action points for your own practice. Identify strategies to adapt, explore further or share with colleagues.

Time in Kathmandu includes its heritage sites, and the program continues with a two-day excursion to Pokhara. An optional Chitwan extension is also available.

PLAN YOUR PARTICIPATION

Departures, itinerary and booking

Find current departures, prices, the detailed itinerary, inclusions and booking information on the program page.

globalteacher.com.au/nepal.html

SCAN TO VIEW